I request that no blood or blood components be administered to (name of patient) during this hospitalization. This request is based on firmly held religious, and/or personal convictions regarding the use of blood therapy. I feel fully informed about the possible negative or adverse consequences that could result due to my choice to forgo the use of blood products. I hereby release the hospital, its personnel, the attending physician, anesthesiologist, and any other person participating in my care from any responsibility whatsoever for unfavorable reactions or any untoward results due to my refusal of blood or blood components, despite their otherwise competent care.

I understand that my attending physician and other doctors who provide services to me are not employees or agents of the hospital. They are independent practitioners.

The undersigned certifies that he/she has read the foregoing, received a copy thereof, and is the patient, the patient’s legal representative, or is duly authorized by the patient as the patient’s general agent to execute the above and accept its terms.

__________________  __________________ am / pm  _____________________
Date  Time  Signature  Patient/Parent/Guardian/Conservator/Responsible Party

__________________  __________________
Witness signature / Witness print name  If signed by other than patient, indicate relationship

Translator  I have accurately and completely read the foregoing document to __________________ (name of patient/person legally authorized to give consent) in __________________, the patient’s or patient’s representative’s primary language. He/she understood all the terms and conditions and acknowledge his/her agreement thereto by signing this document in my presence.

__________________  __________________ am / pm  _____________________
Date  Time  _____________________/_____________________
Translator signature / Translator print name
The methods of using your own blood can be used independently or together to eliminate or minimize the need for donor blood, as well as virtually eliminate transfusion risks of infection and allergic reaction.

In some cases, you may require more blood than anticipated. If this happens and you receive blood other than your own, there is a possibility of complications, such as hepatitis or AIDS.

<table>
<thead>
<tr>
<th>Option</th>
<th>Explanation</th>
<th>Advantages</th>
<th>Disadvantages</th>
</tr>
</thead>
<tbody>
<tr>
<td>Donor Blood</td>
<td>Using Someone Else's Blood</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Autologous Blood</td>
<td>Using Your Own Blood</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Pre-operative donation</td>
<td>Donating Your Own Blood Before Surgery</td>
<td>Eliminates or minimizes the need for someone else's blood during and after surgery.</td>
<td>Requires advance planning, may delay surgery, may require irradiation of blood from certain family members.</td>
</tr>
<tr>
<td>Intra-operative autologous</td>
<td>Recycling Your Blood During Surgery</td>
<td>Eliminates or minimizes the need for someone else's blood during surgery.</td>
<td>Blood lost during surgery is blood that could have been donated.</td>
</tr>
<tr>
<td>Post-operative autologous</td>
<td>Recycling Your Blood After Surgery</td>
<td>Eliminates or minimizes the need for someone else's blood immediately after surgery.</td>
<td>Not for use if cancer or infection of blood is present.</td>
</tr>
<tr>
<td>Hemodilution</td>
<td>Donating Your Own Blood During Surgery</td>
<td>Dilutes your blood so you lose less concentrated blood during surgery.</td>
<td>May dilute and harm labile substances in your blood.</td>
</tr>
<tr>
<td>Apheresis</td>
<td>Donating Your Own Platelets and Plasma</td>
<td>May eliminate the need for someone else's blood for surgery. Other donors may delay surgery.</td>
<td>Requires advance planning, large amounts of blood can be recycled.</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Note</th>
<th></th>
<th>From donors you select who must meet the same requirements as volunteer donors. Blood and blood products donated by the community blood supply are available.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Note</td>
<td></td>
<td>You may wish to check whether donors are paid or volunteer since blood from commercial volunteer blood is not necessarily as safe or not available.</td>
</tr>
</tbody>
</table>

Volunteer Blood

Blood and blood products donated by volunteer donors to a community blood bank.

- Readily available. Can be life-saving when your own blood is not available.
- • Risk of disease transmission (such as hepatitis or AIDS), and allergic reactions.
- • May require several days of notice and may require irradiation of blood from certain family members.

Designated donor blood

Blood and blood donors you select who must meet the same requirements as volunteer donors.

- Readily available. Can be life-saving when your own blood is not available.
- • Risk of disease transmission (such as hepatitis or AIDS), and allergic reactions.
- • Requires advance planning, large amounts of blood can be recycled. If cancer or infection is present, may delay surgery.

Volunteer Blood

Blood and blood products donated by volunteer donors to a community blood bank.

- Readily available. Can be life-saving when your own blood is not available.
- • Risk of disease transmission (such as hepatitis or AIDS), and allergic reactions.
- • May require several days of advanced donation.
- • Not necessarily as safe, nor not available.

Designated donor blood

Blood and blood donors you select who must meet the same requirements as volunteer donors.

- Readily available. Can be life-saving when your own blood is not available.
- • Risk of disease transmission (such as hepatitis or AIDS), and allergic reactions.
- • Requires advance planning, large amounts of blood can be recycled. If cancer or infection is present, may delay surgery.